

## SIZE CHARTS

ADULT										
SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
<b>CHEST (Inches)</b>	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64	66-68
<b>WAIST (Inches)</b>	24-26	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62
<b>HIP (Inches)</b>	29-31	33-35	37-39	41-43	45-47	49-51	53-55	57-59	61-63	
<b>CHEST (Centimeters)</b>	76-81	86-91	97-102	107-112	117-122	127-132	137-142	147-152	158-163	168-173
<b>WAIST (Centimeters)</b>	61-66	71-76	81-86	91-97	102-107	112-117	122-127	132-137	142-147	152-158
<b>HIP (Centimeters)</b>	74-79	84-89	94-99	104-109	114-119	124-130	135-140	145-150	155-160	

LADIES							
SIZE	XS	S	M	L	XL	2XL	3XL
		0-2	4-6	8-10	12-14	16-18	20-22
<b>CHEST (Inches)</b>	32-33	34-35	36-38	39-41	42-44	46-48	50-52
<b>WAIST (Inches)</b>	24½-25½	26½-27½	28½-29½	30½-32	33-35	37-39	41-45
<b>HIP (Inches)</b>	34-36	37-38	38-40	42-44	45-47	49-51	53-55
<b>CHEST (Centimeters)</b>	81-84	86-89	91-96	99-104	106-112	117-122	122-127
<b>WAIST (Centimeters)</b>	62-65	67-70	72-75	77-81	84-89	91-97	99-107
<b>HIP (Centimeters)</b>	86-91	94-97	97-102	107-112	114-119	122-127	127-132

YOUTH						
SIZE	XXS	XS	S	M	L	XL
		3T-4T	4-5	6-8	10-12	14-16
<b>CHEST (Inches)</b>	21-22	22-23	24-26	28-30	31-33	34-36

## YOUTH

<b>WAIST (Inches)</b>	21-22	22-23	22-24	25-27	28-30	31-33
<b>HIP (Inches)</b>	22-23	23-24	25-27	28-30	31-33	34-36
<b>Chest (Centimeters)</b>	53-56	56-58	61-66	71-76	79-84	86-91
<b>WAIST (Centimeters)</b>	53-56	56-58	56-61	64-69	71-76	79-84
<b>HIP (Centimeters)</b>	56-58	58-61	64-69	71-76	79-84	86-91

## GIRLS

SIZE	XS	S	M	L	XL
	4-5	6-7	8-10	12-14	16
<b>CHEST (Inches)</b>	22-24	25-27	28-30	31-33	34-36
<b>WAIST (Inches)</b>	20-22	22-24	25-27	28-30	31-32
<b>HIP (Inches)</b>	23-24	26-28½	30-32	34-36	38-40
<b>CHEST (Centimeters)</b>	56-61	64-69	71-76	79-84	86-91
<b>WAIST (Centimeters)</b>	51-56	56-61	64-69	71-76	79-81
<b>HIP (Centimeters)</b>	58-61	66-72	76-81	86-91	97-102

## JUNIORS

SIZE	XS	S	M	L	XL	2XL
	0-1	3-5	7-9	11-13	15-17	19
<b>CHEST (Inches)</b>	30-31	31-33	33-35	36-38	39-41	42-44
<b>WAIST (Inches)</b>	22-24	24-26	26-28	28-30	31-33	34-36
<b>HIP (Inches)</b>	31½-33½	34½-35½	36½-37½	39-41	42-43½	45-46½
<b>CHEST (Centimeters)</b>	76-79	79-84	84-89	91-97	99-104	107-112
<b>WAIST (Centimeters)</b>	56-61	61-66	66-71	71-76	79-84	86-91

JUNIORS						
HIP (Centimeters)	80-85	88-90	93-95	99-103	107-110	114-118

## CHEER UNIFORM SIZE CHART

LADIES					
SIZE	S	M	L	XL	2XL
	0-1	4-5	6-8	10-12	14-16
CHEST (Inches)	30-32	33-35	36-38	39-41	42-44
WAIST (Inches)	22-24	25-27	28-30	31-33	34-36
HIP (Inches)	30-32	33-35	36-38	39-41	42-44
SKIRT LENGTH (Inches)	14½	15	15½	16	16½
CHEST (Centimeters)	76-81	84-89	91-97	99-104	107-112
WAIST (Centimeters)	56-61	64-69	71-76	79-84	86-91
HIP (Centimeters)	76-81	84-89	91-97	99-104	107-112
SKIRT LENGTH (Centimeters)	37	38	39	41	42

GIRLS					
SIZE	XXS	XS	S	M	L
	3T	4-5	6-8	10-12	14-16
CHEST (Inches)	20½-22½	23½-25	26-27½	28½-30	31-33
WAIST (Inches)	15½-17½	18½-19½	20½-21½	22½-23½	24½-26½
HIP (Inches)	20-22	23-24	25-26	27-28	29-30
SKIRT LENGTH (Inches)	14½	15	15½	16	16½
CHEST (Centimeters)	52-57	60-64	66-70	72-76	79-84

GIRLS					
<b>WAIST (Centimeters)</b>	39–44	47–50	52–55	57–60	62–67
<b>HIP (Centimeters)</b>	51–56	58–61	64–66	69–71	74–76
<b>SKIRT LENGTH (Centimeters)</b>	27	29	30	32	33

## SOCKS

SHOE SIZE	SOCK SIZE
<b>Men 13–15</b>	Adult XL 13–15
<b>Men 8–13</b>	Adult 10–13
<b>Men 4½–7½</b> <b>Ladies 5½–10½</b>	Intermediate 9–11
<b>Ladies 4–5</b> <b>Youth 1–4</b>	Youth 7–9
<b>Children 3–9</b>	XS Youth 5–7

## BRA SIZE CHART

		BAND SIZE						
		30	32	34	36	38	40	42
CUP SIZE	A							
	B	XS	S					
	C			M		L		
	D						XL	2XL